# **MiPHY Summary**

 Michigan Profile for Healthy Youth (MiPHY) is an online health survey for students.

 Provided by the MI Departments of Education & Health and Human Services

Surveys local and regional needs for students

Focuses on grades 7, 9 and 11

### **Focus Areas of MiPHY**

### MiPHY surveys the following areas:

- Tobacco
- Alcohol and drugs
- Violence
- Nutrition
- Physical activity
- Sexual behavior
- Suicide



### **MiPHY Data Presentation**

#### MiPHY data is presented by:

- Participating districts (# and %)
- Grade
  - >7,9, 11 (middle school, high school)
- Gender
  - ➤ Male, Female
- Academics
  - >As/Bs Ds/Fs



- Race
  - ➤ White, Black, Hispanic, Asian, American Indian, etc.

# **MiPHY Question Categories**

#### Student Attitudes

➤ e.g., % of students who feel that smoking marijuana is a moderate or great risk

#### Student Behaviors

➤ e.g., % of students who drank alcohol in the past 30 days

#### Social Norms Among Students

➤ e.g., % of students who think that all of the students in their grade smoked marijuana in the past month

# **Generating MiPHY Reports**

#### Simple and easy process:

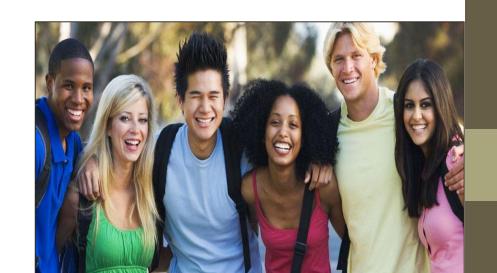
- Visit the MiPHY website.
- Click on the County Reports Access Page.
- Select the cycle year. (2015-2016)
- Select the survey category. (MiPHY, BRFS, etc.)
- Select the county. (Kent)
- Select which factors and tables to generate. (tobacco, violence, etc.) (high school, middle school)

## **MiPHY Results for Kent County**

MiPHY (2015-16)

#### **Demographics for High Schools**

- 14 participating districts
- 5,807 students
  - Grade
    - 9<sup>th</sup> (53%)
    - 11<sup>th</sup> (47%)
  - Gender
    - Males (50%)
    - Females (50%)
  - Race
    - Whites (61%)
    - Hispanics (17%)
    - Blacks (10%)
    - Asian (4%)



## **Example of Alcohol Results**

MiPHY (2015-16)

Survey item: "Percentage of students who reported sort of easy or very easy to get alcohol"

- Kent County (57%)
- Grade
  - 9<sup>th</sup> (49%)
  - 11<sup>th</sup> (66%)
- Gender
  - Male (57%)
  - Female (58%)
- Race
  - Whites (61%)
  - Blacks (43%)
  - Hispanics (56%)
  - Asians (44%)



### **Examples of Alcohol/Other Drug Questions**

#### Percentage of students:

- who ever drank alcohol
- who ever tried marijuana
- who used any form of cocaine during the past 30 days
- who sniffed glue or breathed spray can content
- made bets or gambled during the past 30 days

### **Example of Weight/Nutrition Results**

MiPHY (2015-16)

#### Survey Item: "Percentage of students who are obese"

- Kent County (13%)
- Grade
  - 9<sup>th</sup> (12%)
  - 11<sup>th</sup> (13%)
- Gender
  - Male (15%)
  - Female (10%)
- Race
  - Whites (10%)
  - Blacks (18%)
  - Hispanics (20%)
  - Asians (10%)



### **Examples of Weight/Nutrition Questions**

#### Percentage of students:

- who were trying to lose weight
- who ate 5 or more servings of fruits/vegetables per day during the past 7 days
- who didn't eat breakfast during the past 7 days
- who had ever been told by a doctor that they had asthma

## **Example of Tobacco Results**

MiPHY (2015-16)

Survey Item: "Percentage of students who reported sort of easy or very easy to get cigarettes"

- Kent County (46%)
- Grade
  - 9<sup>th</sup> (36%)
  - 11<sup>th</sup> (57%)
- Gender
  - Male (48%)
  - Female (43%)
- Race
  - Whites (45%)
  - Blacks (41%)
  - Hispanics (47%)
  - Asians (43%)



## **Examples of Tobacco Questions**

#### Percentage of students:

- who ever smoked a whole cigarette
- who smoked cigarettes on school property in the past 30 days
- who were exposed to secondhand smoke during the past 7 days
- who reported that their parents felt cigarette use to be wrong or very wrong