

MiPHY Summary

- **Michigan Profile for Healthy Youth (MiPHY)** is an online health survey for students.
- Provided by the MI Departments of Education & Health and Human Services
- Surveys local and regional needs for students
- Focuses on grades 7, 9 and 11

Focus Areas of MiPHY

MiPHY surveys the following areas:

- Tobacco
- Alcohol and drugs
- Violence
- Nutrition
- Physical activity
- Sexual behavior
- Suicide



MiPHY Data Presentation

MiPHY data is presented by:

- **Participating districts (# and %)**
- **Grade**
 - 7,9, 11 (middle school, high school)
- **Gender**
 - Male, Female
- **Academics**
 - As/Bs - Ds/Fs
- **Race**
 - White, Black, Hispanic, Asian, American Indian, etc.



MiPHY Question Categories

- **Student Attitudes**

- e.g., % of students who feel that smoking marijuana is a moderate or great risk

- **Student Behaviors**

- e.g., % of students who drank alcohol in the past 30 days

- **Social Norms Among Students**

- e.g., % of students who think that all of the students in their grade smoked marijuana in the past month

Generating MiPHY Reports

Simple and easy process:

- Visit the **MiPHY website**.
- Click on the **County Reports Access Page**.
- Select the **cycle year**. (2015-2016)
- Select the **survey category**. (MiPHY, BRFSS, etc.)
- Select the **county**. (Kent)
- Select which **factors and tables** to generate.
(tobacco, violence, etc.) (high school, middle school)

MiPHY Results for Kent County

MiPHY (2015-16)

Demographics for High Schools

- 14 participating districts
- 5,807 students
 - Grade
 - 9th (53%)
 - 11th (47%)
 - Gender
 - Males (50%)
 - Females (50%)
 - Race
 - Whites (61%)
 - Hispanics (17%)
 - Blacks (10%)
 - Asian (4%)



Example of Alcohol Results

MiPHY (2015-16)

Survey item: “Percentage of students who reported sort of easy or very easy to get alcohol”

- Kent County (57%)
- Grade
 - 9th (49%)
 - 11th (66%)
- Gender
 - Male (57%)
 - Female (58%)
- Race
 - Whites (61%)
 - Blacks (43%)
 - Hispanics (56%)
 - Asians (44%)



Examples of Alcohol/Other Drug Questions

- **Percentage of students:**
 - who ever drank alcohol
 - who ever tried marijuana
 - who used any form of cocaine during the past 30 days
 - who sniffed glue or breathed spray can content
 - made bets or gambled during the past 30 days

Example of Weight/Nutrition Results

MiPHY (2015-16)

Survey Item: “Percentage of students who are obese”

- Kent County (13%)
- Grade
 - 9th (12%)
 - 11th (13%)
- Gender
 - Male (15%)
 - Female (10%)
- Race
 - Whites (10%)
 - Blacks (18%)
 - Hispanics (20%)
 - Asians (10%)



Examples of Weight/Nutrition Questions

- **Percentage of students:**
 - who were trying to lose weight
 - who ate 5 or more servings of fruits/vegetables per day during the past 7 days
 - who didn't eat breakfast during the past 7 days
 - who had ever been told by a doctor that they had asthma

Example of Tobacco Results

MiPHY (2015-16)

Survey Item: "Percentage of students who reported sort of easy or very easy to get cigarettes"

- Kent County (46%)
- Grade
 - 9th (36%)
 - 11th (57%)
- Gender
 - Male (48%)
 - Female (43%)
- Race
 - Whites (45%)
 - Blacks (41%)
 - Hispanics (47%)
 - Asians (43%)



Examples of Tobacco Questions

- **Percentage of students:**
 - who ever smoked a whole cigarette
 - who smoked cigarettes on school property in the past 30 days
 - who were exposed to secondhand smoke during the past 7 days
 - who reported that their parents felt cigarette use to be wrong or very wrong